

YVETTE: ALL VOCALS, HARMONIUM

RAMA BALA: GUITAR, TRACKS 1-7

SRIRAM BALASUBRAMANIAN: TABLA, GHATAM, TRACKS 3-5, 7-10

DAVID NEWMAN: VOCALS, TRACKS 7 AND 8

BILL NIXON: VIOLIN, TRACKS 5 AND 9

FRANK WOLF: GUITAR, TRACKS 6, 8 AND 9

TO MY BELOVED KIRTAN CHORUS I GRACIOUSLY BOW:

MARSHA AARON, ERICA BLEZNAK, ALESSANDRA DE BOTTON,  
BILL NIXON, CHRISTOPHER PECORARO, JULIE POGACHEFSKY,  
RACHEL ROSSITO, JENNY STOUT, DAVE STRONG.

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# Into the Arms of Love

*Yvette*

SRI GANESHA

SRI GANESHA PAHIMOM

JAI GANESHA RAKSHAMAM

OM GAM GANAPATAYE NAMAHA

GAM GANESHAYA GANESHAYA GANESHAYA

*A mantra is a word or a phrase that contains within its essence the seed sound and vibration of inner reflection and higher wisdom. Many cultures of the world possess seed mantras in response to our deep desire to connect and resonate with Universal Love. Through the art of chanting or the repetition of a chosen mantra in any one sitting one can still the outer thoughts and find the treasure within.*

*This “Siddhi” mantra or mantra “of the perfect One” is written in Sanskrit, the ancient language of the East. Sri Ganesha is the loving Hindu divinity that inspires auspiciousness and protection. This sacred seed prayer is chanted at the beginning of new ventures to unify hearts and help manifest our deepest desires. I learned this homage to Ganesha from Bhagya Lakshmi, my dear friend Sriram’s beloved mother, while she was visiting her son in the States from India.*

IF YOU WILL TAKE MY HAND/  
HEY MA DURGA

IF YOU WILL TAKE MY HAND  
WE’LL WALK TO FOREVER  
WHERE THE SUN SHINES BRIGHT  
AND WE ALL LIVE AS ONE

WE WILL BE SET FREE  
FROM BLAME AND ALL SUFFERING  
AND THE WORLD WE KNOW  
WILL JOIN AS WE SING

TAKE THE HAND OF A STRANGER YOU KNOW  
HOLD IT TENDERLY  
TAKE THE HEART OF A LOVE THAT UNFOLDS  
WIDER THAN THE SEAS

HEY MA DURGA  
HEY MA HEY MA

HEY MA JAGATAMBE MAYI MA  
HEY MA JAGATAMBE MAYI MA

JAGATAMBE HE MAYI MA DURGA  
JAGATAMBE HE MAYI MA DURGA

JAI JAI MA JAI JAI MA  
MA JAGATAMBE JAI JAI MA!

*Several years ago I attended a spiritual gathering hosted by Sri Mata Amritanandamayi, a master teacher from India who travels the globe raising funds for disaster relief projects, schools and hospitals all around our beloved world. Affectionately named the “hugging saint,” I was so moved by the LOVE pouring forth from this beautiful mother as she tirelessly for over 16 hours opened her arms and embraced about a thousand people! This hug she gave each of us is called receiving Darshan and is considered a sacred blessing. Since I have met Amma my heart has opened tenfold and this chant honoring “The Divine Mother” is indeed inspired by Sri Amma.*

*Kirtan is a form of chanting from the East where the mantra has a “call” (the lead vocal) and a “response” (the chorus). As a mantra is sung back and forth from call to response and back again, an ecstatic spiraling of sound can emanate vibrating up to the stars!*

OM NARAYANA

OM NARAYANA ~ OM MAHA MAYA ~  
OM MAHA DEVA

*This song celebrates the “Lila” or dance of life. From “Narayana” the primordial creative seed from which we all spring to “Maha Maya” the mother of illusion who keeps our divine identity well hidden and ultimately to “Maha Deva” the great cosmic consciousness to which we all return. The wisdom here is to identify with our Divine Truth while living on earth.*

I AM SAT NAM

SIT IN THE GRACE OF YOUR SPACE AND BE  
SHINE IN THE GLOW OF YOUR LIGHT AND BE

I AM I AM SAT NAM SAT NAM  
I AM I AM SAT NAM

FOLLOW THE LOVE IN YOUR SOUL AND BE  
WHILE LETTING GO WE WILL KNOW HOW TO  
JUST BE

I AM I AM SAT NAM SAT NAM  
I AM I AM SAT NAM

SIT IN YOUR PLACE OF TRUTH AND BE  
LIKE WATER BATHING IN THE SEAS - JUST BE

I AM I AM SAT NAM SAT NAM  
I AM I AM SAT NAM

BE IN YOUR SPACE OF TRUTH - IT IS YOU  
THE GODDESS SEEKING WHAT IS TRUE -  
IT IS YOU

I AM I AM SAT NAM SAT NAM  
I AM I AM SAT NAM

SEE WHAT IS TRUE IN YOU.

*Sat Nam is the primary mantra used in  
Kundalini Yoga. "Sat" meaning "Universal  
Truth" and "Nam" having two meanings:  
"is my identity" and "to call upon." Inter-  
esting how we call upon the Universal Truth  
we already are.*

OM NAMO BHAGAVATE VASUDEVAYA

OM NAMO BHAGAVATE VASUDEVAYA

HARI OM

OM NAMO NAMO NAMO HARI OM

*The Sanskrit word "Vasudeva" translates  
as the soul. As the soul is not physical (does  
not die) we can presume that our soul is  
inherently perfect and thus Divine. This  
seed mantra acknowledges our Divine soul  
within us just waiting to be noticed.*

SAMADHI

IT IS PEACE, SAMADHI  
BEING ONE WITH ONE  
JUST PEACE, SAMADHI  
BLISS, BLISS

IT IS PEACE, SAMADHI  
NO PAIN, NO JOY  
JUST PEACE, SAMADHI  
THE INNER VOICE

SAMADHI

IT IS PEACE, SAMADHI  
DIVE DEEP, BREATH LOW  
FOR PEACE, SAMADHI  
IS THE SEED OF THE SOUL

IT IS PEACE, SAMADHI  
LIGHTEN UP THE OUTER GLOW  
OM PEACE, SAMADHI  
AS THE FIRE INSIDE YOU GROWS

SAMADHI

IT IS PEACE, SAMADHI  
LOVE BEING ONE WITH ONE  
FOR PEACE, SAMADHI  
IT CAN BE DONE

*Samadhi is the highest meditative state that  
can be reached while living in our bodies.*

DANCE WITH ME SHIVA

DANCE WITH ME SHIVA  
SHIVA DANCE

DANCING ALL DESIRE INTO THE FIRE  
SPINNING ME HIGHER INTO BRAHMA

OM SHIVA OM, OM SHIVA OM

DANCE WITH ME SHIVA  
SHIVA DANCE

DANCING ALL DISTRACTION,  
SELF-SATISFACTION, KARMIC REACTION INTO  
BRAHMA

OM SHIVA OM, OM SHIVA OM

DANCING INTO BRAHMA  
SPIRALING ATMA (SOUL)  
BURNING ALL MAYA (ILLUSION)  
ONE WITH BRAHMA

*Shiva energy is formless and limitless, open-  
ing gateways to our "Dharma" ~ the inner  
calling of the soul. Brahma is the supreme  
soul, the higher soul that bears the seed of  
pure awakening.*

*A special thanks to David Newman for  
lending his beautiful energy to this song.*

OM NAMAH SHIVAYA

OM NAMAH SHIVAYA  
SHIVA OM NAMAH SHIVA

OM NAMAH SHIVAYA, NAMAH SHIVAYA,  
NAMAH SHIVAYA  
NAMAH SHIVAYA OM, SHIVA OM

SHARANAM SHIVA SHARANAM SHIVA

*The mantra "Om Namah Shivaya" is one of  
the most widely used mantras for spiritual  
enlightenment and growth.*

*This consciousness opening mantra holds within its essence the vibration of inner wisdom, freedom and Universal Peace.*

## WE ARE LOVE/RADHE SHYAM

WE ARE LOVE

LIKE THE SPARKLES ON THE SEA  
AS THE SUN BOWS ITS HEAD

WE ARE LOVE

LIKE A MESSAGE ON THE BREEZE  
SHOOTING STARS  
INTO GALAXIES

WE ARE LOVE

THAT CAN HEAL THE WOUNDED HEART

WE ARE LOVE

LOVING ANIMAL AND TREE

WE ARE LOVE

MADE FROM LOVE

YOU AND ME

WE ARE LOVE

LOVERS SWOONING IN THE DAWN  
MAY THIS LOVE FREE US ALL

IT IS POSSIBLE TO BE LOVE

SHYAM SHYAM RADHE SHYAM  
RADHE RADHE SHYAM

WE ARE LOVE

LOVING PEACE IN ALL WE DO

BLESS THE LOVE

THAT IS YOU

*The mantra “Radhe Shyam” embraces complete and unconditional Love. How often do we forget the beauty inherent in all forms of Love? Chanted with an open and sincere heart it is believed that Radhe Shyam can attract the love we seek.*

*I am honored to have my daughters Michelle and Alycia sing “Radhe Shyam” with me. Instruments of love, every day they resonate the essence of pure love as ever present, abundant and free.*

OM

HARI OM

SANKATA TE JAI HANUMANA CHURAVAI

KI JAI!

*Everything physical creates sound. The in breath and out breath of our existence has a sound to it. Just as the faithful hound can hear the frequency of a high pitched whistle, to which our ears are not attuned, the standing rock will also sing its song. Many cultures recognize this seed vibration and have given it a name; in the East the word “Om” is the essential seed vibration in all creation. Also called “Amen” and the “Hum,” we are all made up of and connected to this Universal “Om.”*



## WITH DEEP LOVE AND GRATITUDE to

Frank Wolf for his masterful vision,  
Thomas Ashley-Farrand for the seed of Mantra, my beloved Christopher for his infinite support, my parents and family for their bountiful love, my sister angel Marsha for believing in me.

My inspiration: Deva Premal, Jai Uttal, Krishna Das, David Newman, Snatam Kaur, Wah!, my master teachers of love, Sri Amma, Sri Hanuman Jai!

...and to Divine Source whose reflection I see in all things ~ Om